

### Other services we provide:

- Day Care Service - patients attend for the day to receive support, advice & information. They have access to various therapies and activities.
- Hospice at Home Service - patients wishing to remain at home will receive support, advice and care from a team of specialist nurses and health professionals.
- In-patient unit provides support for patients with complex care needs.
- Welfare Support - a welfare support and advisory service is provided for people living within the community.
- Lymphoedema Clinic - available to out-patients who have mostly had breast cancer surgery.
- Bereavement Support - A dedicated team of staff and volunteers offer help and support to relatives and friends before and after their loved one has passed away.

### Useful telephone numbers

- ▶ **St Barnabas Hospice Specialist Palliative Care In-Patient Unit**  
36 Nettleham Road, Lincoln  
☎ 01522 511566
- ▶ **St Barnabas Grantham Hospice**  
86 Barrowby Road, Grantham  
☎ 01476 591010
- ▶ **St Barnabas Sleaford Hospice**  
☎ 01529 415045
- ▶ **St Barnabas Boston Hospice**  
☎ 01205 359367
- ▶ **St Barnabas Skegness Hospice**  
☎ 01754 762401 (Friday only)
- ▶ **St Barnabas Volunteers**  
☎ 01522 559502
- ▶ **St Barnabas Lottery**  
☎ 01522 546500
- ▶ **St Barnabas Hospice at Home (Lincoln)**  
☎ 01522 518222
- ▶ **St Barnabas Day Care/Therapy (Lincoln)**  
☎ 01522 518219
- ▶ **St Barnabas Louth, Skegness & Coastal Community Services**  
☎ 01507 442541
- ▶ **St Barnabas Gainsborough Hospice**  
☎ 01427 679429
- ▶ **St Barnabas Sutton on Sea Hospice**  
☎ 01507 443300 (Tuesday only)
- ▶ **St Barnabas Spalding Hospice**  
☎ 01775 760140
- ▶ **St Barnabas Shops**  
☎ 01522 559500
- ▶ **St Barnabas Fundraising**  
☎ 01522 540300

Dedicated to providing specialist hospice care across the county



## About St Barnabas

We have been operating our services since 1982 caring for over 2,000 people each year and all our services are free.

### Who we support

We support adults with life threatening illnesses who have complex symptoms and pain which needs to be controlled by our team of specialist health professionals. Our aim is to help you live your life to the full ..... *making every day count.*

### Physiotherapy

Physiotherapy is available for people with life threatening conditions, providing assessment and treatment that is positive and realistic.

Working as part of the multi-professional health team, the physiotherapist adopts a patient-centred, problem solving approach to help the patient reach their potential and adapt to their changing condition.

They also work alongside family and carers to provide support and advice.

The physiotherapy team also provides a Lincoln based specialist lymphoedema service for treating lymphoedema which may develop secondary to cancer.

### Occupational Therapy

The aim of the occupational therapy service is to promote a patient's independence in both personal and domestic tasks of daily living.

Within the multi-professional health team at St Barnabas is occupational



therapy which provides an important service in rehabilitating patients and assisting with their needs. They work closely within the in-patient unit, community and daycare teams in a specific area of Lincolnshire.

The occupational therapist may be involved in the provision of equipment and adaptations to the home, moving and handling assessment, liaison with community agencies and giving emotional support to patients and carers. This is an extension to Hospice at Home day services or can be offered on its own. It may include assistance with personal hygiene and physical comfort, as well as re-assurance and emotional support.

### Complementary Therapy

St Barnabas Complementary Therapy is offered in the in-patient unit and daycare settings. This is carried out under the clinical and professional lead of the team leader. All staff are volunteers and are qualified therapists.

They offer reiki, reflexology, hand and foot relaxation, and aromatherapy. Places are limited and vary from centre to centre.

### Eligibility & Referrals

Any adult with a life threatening illness is eligible to receive care from St Barnabas Lincolnshire Hospice. The focus of this service is with patients who have complex needs and who will benefit from our specialist support.

However, self referrals can be made into this service. The team will then make contact with your general practitioner (GP) and community nurses for further information. (Please see contact telephone numbers for your area overleaf).



### Like More information:

We have a range of information leaflets available - please contact us

..... *making every day count*